



When: Tuesday Mornings (1st & 3rd)
Friday Mornings (1st & 3rd)
September - May

Time: 9:15 a.m. to 11:30 a.m.

Where: Nansemond River Baptist Church
2896 Bridge Road
Suffolk, VA 23435

The Meeting Format includes:

- Food & Fellowship
- Announcements
- Guest Speaker
- Small Group Discussion
- Craft Time

The Moppets Program

MOPPETS is a preschool program with a spiritual emphasis. MOPS provides quality child care and the opportunity for preschoolers to experience Christ's love through the ministry of MOPPETS. This program is for infants through kindergartners. Children can enjoy their own age specific curriculum through a Bible story, play time activities, a snack and a craft.

Registration

MOPS operates in conjunction with the academic school year, September through May. Registration takes place during the summer months prior to the group starting in the fall. The cost is \$23.95 for registration, \$20.00 for Fall Semester dues and \$20.00 for Spring Semester dues. The cost covers childcare, crafts, dues to MOPS International (which includes registration for the MOPS to Mom Connection) and miscellaneous expenses. Scholarship funds are available based on need.

For more information about our Nansemond River MOPS group, call:

(757) 484-3423 or visit us online at
www.nansemondriver.com

2011-2012



nansemondriver.com

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What is MOPS?

History

MOPS stands for Mothers of Preschoolers. In 1973, while their children played together, eight young mothers spent time sharing mothering tips, making friendships, and giving each other support and spiritual guidance. Little did they know, more than 25 years later, this small group would expand to the international organization that it is today.

Purpose

The purpose of MOPS is to nurture all Mothers of Preschoolers by meeting their distinct needs to the glory of Jesus Christ. MOPS provides a Christ centered, caring ministry for expectant mothers through mothers of kindergartners. This promotes the development of friendships, creativity and personal relationships with Jesus Christ.

Philosophy

MOPS was founded on the belief in God's love for mothers of preschoolers, a love that fully affirms the identity and value of each of these mothers. Women in MOPS come from different backgrounds and lifestyles, yet all have similar needs and a shared desire to be the best mothers they can be. As we follow God's leading, we focus on our dedication to the message that "Mothering Matters" and that moms of young children need encouragement during these critical and formative years.

What to Expect

MOPS meetings include the following:

- ☀ MOPPETS, a quality children's program.
- ☀ A time for learning how to be a more nurturing mother, led by our MOPS Mentor and guest speakers.
- ☀ Discussion group time where friendships are made, ideas are discussed, plans for outings are made and encouragement is given.
- ☀ A craft time where you will learn a hands on craft or demonstration of a craft.
- ☀ A time to socialize, have refreshments and meet other moms.
- ☀ Celebrations of birthdays, new pregnancies, births and adoptions.



The *MOPS to Mom Connection* brings the support of MOPS International directly to the home of every mother of preschooler!

MOPS International is committed to nurturing every mother of preschoolers. Many moms find the encouragement they need through the 2,500 local MOPS groups meeting across the country and around the world. But with 10.1 million mothers of preschoolers in the United States alone, there are countless more who can't attend a group. These moms also need the support that MOPS International can offer.

For only \$23.95 a year, a *MOPS to Mom Connection* registration entitles a mom to over \$200 worth of benefits, including a one-year subscription to *MOMSense Magazine*. This is a great gift for yourself or for a mom you know!

Register today and join the more than 100,000 moms who are making the *MOPS to Mom Connection*!

This Year's Theme



Please visit MOPS on the web at www.mops.org for more information and encouragement!